



Outer Edge Metric Size Chart

OUTER EDGE SIZE CHART – MEN’S – all sizes in METRES except where stated															
	S	M	MR	ML	MLT	MLR	L	LR	XL	XLT	XLR	XXL	XXLR	XXXL	XXXLR
HEIGHT	1.68	1.73	1.73	1.78	1.80	1.78	1.83	1.83	1.88	1.93	1.88	1.93	1.93	1.96	1.96
WEIGHT	64 kg	70 kg	83 kg	83 kg	85 kg	95 kg	89 kg	102 kg	95 kg	102 kg	108 kg	102 kg	115 kg	117 kg	120 kg
NECK	0.37	0.38	0.39	0.39	0.39	0.41	0.41	0.42	0.42	0.42	0.43	0.43	0.43	0.46	0.46
WRIST	0.16	0.17	0.18	0.18	0.18	0.19	0.19	0.19	0.19	0.19	0.19	0.20	0.20	0.20	0.20
CHEST/BUST	0.91–0.97	0.96–1.02	1.06	1.01–1.06	1.01–1.06	1.12	1.07–1.12	1.17	1.12–1.17	1.12–1.17	1.22	1.17–1.22	1.27–1.30	1.27	1.37
WAIST	0.76–0.81	0.81–0.86	0.91	0.86–0.91	0.86–0.91	1.02	0.91–0.97	1.07	0.96–1.02	0.96–1.02	1.12	1.07–1.12	1.17–1.22	1.17	1.27
HIP	0.91–0.96	0.96–1.02	1.07	1.02–1.07	1.02–1.07	1.12	1.07–1.12	1.17	1.12–1.17	1.12–1.17	1.22	1.17–1.22	1.27–1.30	1.27	1.37
ALL ROUND	1.50	1.55	1.60	1.60	1.65	1.68	1.65	1.73	1.70	1.75	1.75	1.75	1.80	1.83	1.88
NECK BASE – WRIST	0.69	0.71	0.71	0.76	0.79	0.79	0.79	0.79	0.81	0.84	0.81	0.81	0.81	0.84	0.84
FOREARM	0.25	0.28	0.28	0.29	0.29	0.29	0.31	0.32	0.32	0.32	0.32	0.33	0.33	0.34	0.34
CROTCH TO FLOOR	0.79	0.81	0.81	0.84	0.86	0.84	0.85	0.85	0.86	0.91	0.86	0.91	0.92	0.92	0.94
SHOE SIZE (GB)	7 shoe	8 shoe	8 shoe	9 shoe	9 shoe	9/10 shoe	9/10 shoe	9/10 shoe	10/11 shoe	10/11 shoe	10/11 shoe	10/11 shoe	11 shoe	12 shoe	12 shoe
HOOD	S	M	M	M	M	M	L	L	L	L	L	XL	XL	XL	XL

OUTER EDGE SIZE CHART – LADIES – all sizes in METRES except where stated										
	S	M	MR	ML	MLR	L	LR	XL	XLR	XXL
HEIGHT	1.60	1.65	1.65	1.68	1.68	1.70	1.70	1.73	1.73	1.75
WEIGHT	51 kg	57 kg	67 kg	67 kg	76 kg	76 kg	86 kg	86 kg	95 kg	99 kg
NECK	0.32	0.33	0.33	0.33	0.34	0.34	0.34	0.36	0.36	0.36
WRIST	0.16	0.16	0.16	0.16	0.16	0.17	0.17	0.17	0.18	0.18
CHEST/BUST	0.86–0.91	0.91–0.97	1.01	1.01–1.07	1.12	1.07–1.12	1.17	1.17–1.22	1.22	1.27
WAIST	0.81	0.86	0.91	0.91	0.96	0.96	1.01	1.07	1.12	1.17
HIP	0.91	0.97	1.07	1.02	1.12	1.07	1.17	1.12	1.22	1.27
ALL ROUND	1.42	1.47	1.52	1.52	1.57	1.57	1.62	1.62	1.68	1.73
NECK BASE – WRIST	0.66	0.67	0.67	0.68	0.68	0.71	0.71	0.72	0.72	0.74
FOREARM	0.25	0.27	0.27	0.28	0.28	0.28	0.28	0.29	0.29	0.30
CROTCH TO FLOOR	0.73	0.75	0.75	0.76	0.76	0.78	0.78	0.79	0.79	0.81
SHOE SIZE (GB)	4 shoe	5 shoe	5 shoe	6 shoe	6 shoe	6 shoe	6 shoe	7 shoe	7 shoe	7 shoe
HOOD	S	S	S	S	S	M	M	M	M	M

FOR USE WITH
SPORTS COMPONENTS OUTER
EDGE DRYSUITS

PLEASE MEASURE
CAREFULLY USING AN ASSISTANT AND
ACCURATE SCALES.

For assistance email:
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